



Punctal Occlusion

One of the most common eye problems we treat is Dry Eye Syndrome. Patients with dry eyes can experience visual or eye discomfort, blurred vision, burning, irritation, itching, redness and excessive tearing. In addition to many other methods of treating Dry Eye Syndrome, we use punctal occlusion.

Normally, your tears drain from your eye through two tiny openings in the corners of your eyes near your nose. In the procedure of punctal occlusion, we place small plugs, called punctal plugs, into the tear drain of your eye. Placed just inside the tube opening, these small 'stoppers' prevent drainage, so your tears stay on your eye longer.

Punctal plugs are made of either collagen or silicon. Collagen plugs dissolve in a few days, while silicon plugs are more permanent. They don't dissolve, but we can remove them easily if necessary.

The procedure takes a few minutes and is very safe. Punctal occlusion can make a great deal of difference in the comfort of your eyes.